Intensification and variability of ocean thermohaline circulation through the last deglaciation

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Abstract

Neodymium isotope ratios in the authigenic ferromanganese oxide component in a southeastern Atlantic core reveal a history of the global overturning circulation intensity through the last deglaciation. From a minimum during the Last Glacial Maximum (LGM), North Atlantic Deep Water (NADW) began to strengthen between 18 and 17 kyr cal. BP, approximately 2000–3000 years before the Bølling warming. It exhibits a gradually increasing baseline intensity that plateaus in the early Holocene, tracks increasing Northern Hemisphere insolation and parallels atmospheric CO₂ concentration. Millennial-scale fluctuations are superimposed on this baseline NADW increase, corresponding to events in Northern Hemisphere climate records. The millennial excursions show sharp increases associated with the pre-Bølling retreat of continental glaciers and the Bølling warming itself, a decrease with Allerød cooling, and a recovery through the Younger Dryas and early Holocene. The data confirm a close link between deep-ocean circulation and North Atlantic climate changes. There is no clear linkage with meltwater pulses, indicating that rapid meltwater additions did not trigger observable mode changes in NADW production. However, rapid changes in North Atlantic sea ice cover show a strong relationship with the millennial perturbations of NADW flux to the deep Southern Ocean. The data indicate that the baseline intensity of NADW reaching the Cape Basin is paced by Northern Hemisphere insolation and that North Atlantic sea ice coverage acts as a major amplifying link between the oceans and the atmosphere.

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1. Introduction

The role of deep ocean circulation in climate change has been a subject of intense debate. Abrupt changes observed in Northern Hemisphere climate records have been interpreted as a response to either rapid changes in North Atlantic Deep Water (NADW) production or reorganizations of atmospheric circulation [1–3]. The South Atlantic Ocean has been an important region for investigating changes in the global overturning circulation intensity because its proximity to the Circum-Antarctic allows sensitive monitoring of changes in proxy signals for NADW and circumpolar water.
The history of paleocirculation is currently still unresolved because different nutrient proxies used to trace paleo-water masses give conflicting results. Studies using benthic foraminiferal δ¹³C have concluded that glacial NADW production was significantly weaker than today [4–6], while studies based on Cd/Ca and ²³¹Pa/²³⁰Th ratios have concluded that NADW export to the Southern Ocean was equally robust during glacial and interglacial periods [7–9]. However, the circulation signal of these proxies can be overwritten by secondary effects such as regional air–sea exchange [10,11], biological productivity changes [12], dissolution of foraminiferal calcite [13], changes in bottom-water calcite saturation [14], and margin scavenging [15,16]. Due to the contradictory indications from different paleocirculation proxies, there is currently no consensus regarding the effects of climate on global ocean circulation.

Nd isotope ratios in the dispersed authigenic ferromanganese oxide precipitates in sediments have attributes that make them potentially useful as a paleocirculation proxy and which can break this deadlock. Here we present a detailed Nd isotope record of core RC11-83 (41.07°S, 9.717°E, 4718 m) from southeast Atlantic (Fig. 1) between ~ 20 and ~ 6 kyr cal. BP, covering the Last Glacial Maximum (LGM) to the early middle Holocene. The core is from a drift deposit in the southern Cape Basin and accumulates with an average sedimentation rate of ~ 20 cm/kyr [6]. We also report new Holocene and LGM samples from core TNO57-6 (42.92°S, 8.88°E, 3750 m), from the south side of the Agulhas Ridge and thus outside of the Cape Basin. Two previous studies concluded that the Nd isotope variability on longer time scales in Cape Basin cores records waxing and waning of NADW export to the Southern Ocean during warm and cold climate stages through the last glacial cycle [17,18]. The new RC11-83 record presented here has an average sample spacing of 300 years (43 samples over ~ 14 kyr) and thus can test the relationship between NADW strength and rapid climate change through the Termination interval. The new data indicate a baseline increase in NADW intensity beginning approximately between 18 and

![Fig. 1. Map of the South Atlantic Ocean showing the sites of cores RC11-83 and TN057-6.](image-url)
17 kyr that parallels increasing Northern Hemisphere insolation and atmospheric CO$_2$ abundance. This baseline increase is overprinted by millennial increases in NADW intensity associated with Northern Hemisphere abrupt warmings and changes in sea ice cover. Prior to the Bølling warming, the record of NADW strength shows a series of variations, which correlate to well-dated climate excursions in Europe and changes in North Atlantic sea ice extent. The amount of NADW reaching the Cape Basin strengthened during the Bølling warming, weakened during the Allerød cooling, reached a minimum at the start of the Younger Dryas event, and thence-forth strengthened to reach Holocene values. The data show that Nd isotopes can be a sensitive monitor of short- and long-term changes in the global overturning circulation.

2. Nd isotope ratios as a paleocirculation proxy

The potential for using Nd isotope ratios as a paleocirculation proxy stems from its systematic geographic variability in the oceans. In bottom-water and Fe–Mn nodule and crust surfaces, Nd isotope ratios are geographically distinct and vary over a large range from low values of $\varepsilon_{\text{Nd}} < -20$ in the Labrador Sea, to values as high as $\varepsilon_{\text{Nd}} \sim 0$ in the Pacific [19–25]. Water column profiles show that water masses conserve the Nd isotopic fingerprints of their source regions over long transport paths. For example, the NADW Nd isotope signature ($\varepsilon_{\text{Nd}} \sim -14$) can be traced southward into the South Atlantic, and the Antarctic Bottom Water (AABW) signature ($\varepsilon_{\text{Nd}} \sim -7$ to $-9$) can be traced northward [26].

Nd isotopes do not share the same sources of uncertainty as conventional nutrient and U-series paleocirculation proxies and thus can complement them. The high atomic masses of the isotopes of Nd (142–150 AMU) combined with a single oxidation state (+3) inhibits significant mass fractionation by biological and other low-temperature processes, in contrast to low mass-stable isotope proxies. Moreover, any natural mass-dependent fractionation is accounted for by corrections applied during measurement by mass spectrometry. Thus, the variability of $^{143}\text{Nd}/^{144}\text{Nd}$ ratios reflects the long-lived radioactive decay of $^{147}\text{Sm}$ to $^{143}\text{Nd}$ (half-life = 106 Ga), and the measured Nd isotope ratio in an authigenic phase directly reflects the seawater source as long as there has been no later addition of Nd through diagenesis. Along the transport path of a water mass the Nd isotope ratio is conserved even if the concentration is not, and variability reflects either mixing of water masses or addition of a new component of Nd. Authigenic Fe–Mn oxides have high concentrations of Nd, and the Nd isotope ratios reflect the seawater sources from which they precipitate. For this reason, there has been a significant focus on Fe–Mn crusts to temporally trace ocean circulation (cf. [24,25], and references therein). For example, Frank [24] concluded that the average global overturning circulation intensity declined due to growth of the Northern Hemisphere ice sheets, based on data from Southern Ocean Fe–Mn crusts. However, the slow growth rates of the Fe–Mn crusts (10$^5$–10$^6$ year per mm) limit the applicability of Nd isotopes to address short timescale changes in ocean circulation. Because each measured sample integrates over several glacial cycles, the signal does not distinguish between a general decline and the effects of a weaker “conveyor” during glacial periods. Palmer and Elderfield [27] published the first down-core record of Nd isotope ratios of Fe–Mn encrusted foraminifera, addressing changes in South Atlantic seawater over tens of millions of years. Recent studies have demonstrated Nd isotopic variability in the oceans on glacial–interglacial timescales by measuring the leachable Fe–Mn oxide components of deep-sea cores [17,18] and foraminiferal CaCO$_3$ [28].

Rutberg et al. [17] showed that Nd isotope ratios in the authigenic Fe–Mn component vary systematically through the last ice age in RC11-83, with lower values during marine isotope stages (MIS) 1 and 3 and higher values during MIS 2 and 4, consistent with waxing and waning of NADW intensity during warm and cold climate periods, respectively. During MIS 2 and 4, Nd isotope ratios were higher than present day AABW, indicating a stronger Pacific component in the Circum-Antarctic during cold climate stages. The Nd isotope variations in RC11-83 generally follow benthic foraminiferal $\delta^{13}\text{C}$ variations, previously interpreted to reflect changes in the NADW export to the Southern Ocean [6,29]. Rutberg et al. [17] also showed the same sense of change in TNO57-6 from
the Holocene to the LGM. Subsequently, Bayon et al. [18] reported a record on a core from the northern Cape Basin (MD96-2086, 25.81°S, 12.13°E, 3606 mbsl), which shows a similar Holocene–LGM pattern, with more NADW-like Nd isotopes during the Holocene and nearly the same Nd isotope ratios as RC11-83 during the LGM.

Rutberg et al. [17] evaluated the integrity of the marine signal in RC11-83 in two ways. Sr isotope ratios of the Fe–Mn oxide leachates were found to be the same as Pleistocene–Holocene seawater (0.7092) and were much lower than associated terrigenous detritus (0.717–0.723), thus showing that there is no detrital contamination of the Sr. In addition, they used the present-day hydrography. The bottom water currently in contact with RC11-83 is a ~ 30:70 NADW–AABW mixture (SiO₂ ~ 100 pmol/kg, salinity ~ 34.7 PSU, T ~ 1°C) [30]. The nearest literature seawater Nd isotope profile is from the southern Angola Basin, north of the Walvis Ridge at 30°S, 1.42°W, and shows a zigzag pattern reflecting Antarctic Intermediate Water (AAIW) at intermediate depths and a mixture of NADW–AABW at deeper depths [26]. Nd isotope ratios in deep Atlantic seawater correlate with indicators of the mixing proportions of NADW–AABW such as salinity and SiO₂ (reviewed in [25]). Rutberg et al. [17] show that the Nd isotope ratio of their youngest Fe–Mn oxide leachate, plotted with the average annual dissolved SiO₂ of the bottom water, falls on the present-day Atlantic seawater SiO₂–Nd correlation, indicating that the Nd is derived from the deep water. Bayon et al. [18] show that the youngest sample of MD96-2086 falls on the same correlation, despite slightly high Sr isotope ratios of ~ 0.7093, and conclude that the leachate Nd isotope ratios reflect the deep seawater despite slight contamination of the leachate Sr by detritus. The lower (more NADW-like) Nd isotope ratios in the MD96-2086 sample, compared with RC11-83, thus appears to reflect the stronger NADW signature of the ambient seawater at its location. In addition, Bayon et al. [18] show that the rare earth element patterns of the leachates match the distinctive pattern of seawater. These data, together with the observation that the Nd isotope ratios of the LGM samples of both cores yield the same values, strongly indicate that the Nd isotope ratios of the Fe–Mn oxide leachates in these cores preserve the signal of the deepwater masses.

3. Analytical procedures and results

Bulk samples from RC11-83 (typically ~ 0.7 g) were treated with buffered acetic acid to remove carbonate, then leached with 0.02 M hydroxylamine hydrochloride (HH) to dissolve Fe–Mn oxyhydroxides. Nd and Sr were separated from the leachate using Eichrom Sr-spec™ and Tru-spec™ resin [17]. Nd and Sr isotope ratios were measured at Lamont–Doherty Earth Observatory using a Micromass Sector 54-30 thermal ionization mass spectrometer. Nd and Sr isotope data are listed in Table 1 and analytical details are given in the caption.

In order to better constrain the down-core ages of RC11-83 during the Termination interval, we have extended the 14C chronology [6,29] with six additional dates on planktonic foraminifera (Table 2). The new ages are consistent with previous studies and further refine the down-core chronology. The 14C ages are converted to calendar years using INTCAL [31] to 15.5 kyr cal. BP, where the spliced tree ring-based comparison ends. U–Th and 14C ages of corals [32] are used from 15.5 to 21 kyr cal. BP. The down-core age model is optimized to smooth abrupt apparent changes in the sedimentation rate, keeping individual 14C ages within the range allowed by the 14C age errors and the INTCAL calibration (Table 2). Ages between 14C ages, listed in Table 1, are linearly interpolated.

The new RC11-83 Nd isotope data (Fig. 2) show a general decrease from LGM depths (εNd ~ 6.5) at ~ 400 cm, reaching Holocene values at ~ 160 cm (εNd ~ 9.4). Superimposed on this baseline decline are several millennial excursions. New Holocene and LGM samples from TNO57-6 were analyzed as a crosscheck on two samples reported by Rutberg et al. [17]. They are from similar but slightly different depths in the core (21 and 70 cm vs. 15 and 60 cm) and confirm a decrease in the Nd isotope ratios from the LGM to the Holocene. The integrity of the down-core seawater signal in the Fe–Mn leachates was checked by Sr isotopes measurements on nearly all samples (Table 1). In all cases, they were found to be marine (87Sr/86Sr = 0.709176 ± 0.000028 2σ, for the entire data set). The entire deviation is similar to the estimated reproducibility (± 0.000023 2σ, Table 1); thus, all the data are effectively within error. Sr isotope ratios of the terrigenous detritus component.
of the same samples are much higher throughout RC11-83, ranging from 0.717 to 0.723 [33]. The results indicate negligible exchange between the Fe–Mn oxides and associated terrigenous detritus because with such a large difference in \(^{87}\text{Sr}^{86}\text{Sr}\) ratios, even a small amount of detrital Sr would be easily detected. For example, if the difference between the highest measured leachate value (0.709227) and the average (0.709176) were assumed to be due to contamination by detritus with \(^{87}\text{Sr}^{86}\text{Sr} \sim 0.717\), it would reflect a negligible contamination level of 6% As Sr is much more soluble than Nd, it can be

Notes to Table 1: Sr and Nd isotope ratios were measured at Lamont–Doherty Earth Observatory on a Micromass Sector 54-30 thermal ionization mass spectrometer by dynamic multicollection. \(^{87}\text{Sr}^{86}\text{Sr}\) ratios were normalized to \(^{86}\text{Sr}^{86}\text{Sr} = 0.1194\), with typical \(^{86}\text{Sr}^{86}\text{Sr}\) beam intensities of \(3 \times 10^{-11}\) A. Replications of the NBS987 standard yielded \(0.710269 \pm 0.000023\), \(2\sigma\) external reproducibility, \(n = 56\), and all samples were corrected to a value of 0.710230. Most of the Sr isotope ratios are based on between 50 and 100 measurements, fewer than for most studies in the same lab, because the primary objective was to determine if the \(^{87}\text{Sr}^{86}\text{Sr}\) ratio is marine, rather than to measure to high precision. \(^{143}\text{Nd}^{144}\text{Nd}\) ratios were measured as NdO\(^+\) and normalized to \(^{144}\text{Nd}^{144}\text{Nd} = 0.7219\), with typical \(^{144}\text{Nd}^{144}\text{Nd}\) beam intensities of \(0.5 \times 10^{-11}\) A. Replications of the La Jolla Nd standard averaged 0.511832 \(\pm 0.000016\), \(2\sigma\) external reproducibility, \(n = 164\), and \(^{146}\text{Nd}^{144}\text{Nd}\) ratios are corrected to a value of 0.511860. Nd isotope ratios are presented as \(\epsilon_{\text{Nd}}\), the deviation from the chondritic value of \(^{143}\text{Nd}^{144}\text{Nd} = 0.512638\) in parts per 10,000 [71]. Errors listed are internal measurement errors.
expected that the level of any contamination by
detrital Nd is lower. As noted above, a core from
the northern Cape Basin shows no indication of
detrital contamination of the Nd in Fe–Mn oxide
leachates despite a Sr isotope ratio slightly higher
than seawater [18].

4. Benthic foraminiferal $\delta^{13}$C and Nd isotope
profiles of RC11-83

The patterns of Nd isotope and benthic foraminif-
eral $\delta^{13}$C variability display a high degree of coher-
ency (Fig. 2). Despite different geochemical cycling
of Nd and carbon in the oceans, both the $\varepsilon_{Nd}$ and
benthic foraminiferal $\delta^{13}$C records of RC11-83 exhibit
a similar glacial-to-Holocene trend. Moreover, much
of the millennial-scale detail can be directly corre-
lated, including the “false start” of NADW produc-
tion suggested by Charles and Fairbanks [6] prior to
the Bølling warming (275 cm b.s.f., 12.8 $^{14}$C kyr BP).
To the extent that the shifts in the Nd isotope ratios
reflect changes in the mixture of NADW and AABW
overlying RC11-83, produced by strengthening and
weakening of the global overturning circulation, the
coherency with the benthic foraminiferal $\delta^{13}$C indicates
that its pattern also primarily reflects these
changes, with the low glacial $\delta^{13}$C values possibly
amplified by productivity changes (cf. [6,12,29]).

As this study presents the first Nd isotope record of
deep ocean circulation at submillennial time resolu-
tion, the inferred changes in NADW export need to be
confirmed at other core sites. In this context, we note
that agreement with the results of Bayon et al. [18]
from the northern Cape Basin at lower time resolution
lend credence to the validity of Nd isotopes as a
paleocirculation tracer.

The validity of our interpretation of the Nd isotope
pattern as reflecting changes in the global overturning
circulation intensity depends on the assumption that
the variability does not simply reflect shifts in Nd
isotope ratios or Nd concentrations of the end-member
water masses or along the transport path. Processes
that could affect the Nd isotope ratio of South Atlantic
deep waters include additional sources of Nd to the
South Atlantic, a variable residence time of deep
Atlantic Nd through time, or changes in the Nd
isotope ratio or concentration in the NADW or Pacific
end-members. An extensive discussion of these
effects, and the reasons why the variability appears
to reflect changes in ocean circulation, is given in
Rutberg et al. [17]. We summarize the current con-
straints on the end-member isotope ratios here. The
constancy of the Pacific end-member over glacial–
interglacial cycles is evidenced by constancy of Nd
isotope ratios ($\varepsilon_{Nd} \sim -4$) of a Fe–Mn crust sampled
at a time resolution of a few thousand years through
MIS 1–6 [34] and constancy in manganiferous sedi-
ments from near the East Pacific Rise [35]. Constraining
the Nd isotope ratio of the North Atlantic end-
member through time is more problematic due to
encroachment of AABW into the North Atlantic
during cold intervals, and this might be addressed in
future studies by measuring downcore records of
several cores from different water depths, or a site
which was always bathed in pure NADW. Rutberg

![Fig. 2. $\delta^{13}$C of benthic foraminifera, Nd isotope ratios of the
authigenic Fe–Mn oxide component and $^{14}$C ages vs. depth for
RC11-83. Nd isotope ratios are plotted as $\varepsilon_{Nd}$ and are on a reverse
axis for comparison purposes. Error bars are the $2\sigma$ external
reproducibility of the La Jolla Nd standard, reflecting the best error
estimate for samples measured once. All of the samples associated
with peaks and troughs were measured at least twice.](image-url)
et al. ([17], in their Fig. 2a) evaluated the North Atlantic end-member indirectly based on data from the surfaces of Mn nodules and crusts. These samples generally represent averages over $10^5–10^6$ years, encompassing several glacial cycles. South Atlantic Nd isotope ratios, plotted against SiO$_2$ of bottom waters, are offset to high $\varepsilon_{\text{Nd}}$ compared to the modern seawater dissolved SiO$_2–\varepsilon_{\text{Nd}}$ trend, consistent with relative weakening of NADW and strengthening of the Pacific signal during cold climate stages. In contrast, virtually all of the Pacific data lie on the modern dissolved SiO$_2–\varepsilon_{\text{Nd}}$ trend, consistent with the independent data summarized above indicating broad constancy of Nd isotope ratios through glacial cycles. Most of the North Atlantic data also lie on the modern dissolved SiO$_2–\varepsilon_{\text{Nd}}$ trend, which we interpret to indicate a roughly constant NADW Nd isotopic signature. A few North Atlantic Fe–Mn crust samples lie at higher $\varepsilon_{\text{Nd}}$ (like most South Atlantic samples), probably reflecting glacial encroachment of AABW into the North Atlantic. Only one has lower $\varepsilon_{\text{Nd}}$ than predicted by the dissolved SiO$_2$ of bottom water.

The available Fe–Mn crust data thus indicate stable North Atlantic and Pacific end-members through the late Pleistocene. Throughout the following discussion, we assume that the temporal variations we observe in the South Atlantic primarily reflect changes in the proportions of the NADW and Pacific end-member water masses reaching the core site.

5. Comparison to Northern Hemisphere climate records

The improved $^{14}$C chronology for RC11-83 allows us to address the link between deep-ocean circulation and climate by comparing the Nd isotope record, taken here as reflecting NADW intensity, with climate proxy records (Fig. 3). There appears to be a progressive baseline intensification of NADW through the deglaciation (18–14 kyr cal. BP), resembling the trend of increasing summer insolation at 65°N [36] and atmospheric CO$_2$ concentration [37]. Superimposed on the general increase of the NADW signal are significant millennial-scale fluctuations that appear to be reflected in some Northern Hemisphere climate records.

Greenland ice core $\delta^{18}$O, interpreted as reflecting paleotemperature, shows broad agreement with our Nd isotope record. The RC11-83 record indicates a strong peak in NADW intensity at the Bølling warming (peak D, Fig. 3), where the Nd isotope ratio reaches ~75% of its Holocene level compared to the LGM baseline. Conversely, the Allerød cooling is linked to a weakening of thermohaline circulation, where, at its minimum (trough IV, Fig. 3), the signal

![Fig. 3. Nd isotope ratios of RC11-83 and other climate records. Nd isotope ratios, reflecting NADW strength at the RC11-83 site, are plotted as $\varepsilon_{\text{Nd}}$ and are on a reverse axis for comparison purposes. The sea ice record of core HU91-045-094 from the southern Labrador Sea (50°12.26′N, 45°41.14′W; 3448 mbsl) is from [38,39]. The Northern Hemisphere insolation curve is from [36], while the deglacial atmospheric CO$_2$ record is from [37]. The GRIP record is from [72,73].](image-url)
is only \( \sim 25\% \) higher than the LGM baseline. In detail, there are differences between these two records. For example, the progressive baseline increase in NADW intensity is not reflected in Greenland paleotemperature. Some of the pre-Bølling millennial-scale fluctuations in RC11-83 are not easily recognized in Greenland but are more similar to a high-resolution record of North Atlantic sea ice coverage [38,39] (Fig. 3).

6. Pre-Bølling NADW intensification

From high LGM values, Nd isotope ratios significantly decrease by 17.1 kyr cal. BP (peak A, Fig. 3), indicating increasing NADW flux to the South Atlantic, followed by a reversal that does not decrease to LGM values. The NADW signal shows substantial instability during the early part of the Termination period between 18 kyr cal. BP and the Bølling maximum warming at 14.3 kyr cal. BP, displaying three peaks (B, C, D in Fig. 3) and a prominent minimum (trough II, Fig. 3). These Nd isotopic variations are corroborated by multiple data within short depth intervals in RC11-83 (Table 1).

Although the Greenland ice record does not show the same variability during the pre-Bølling interval, there is substantial evidence for warming during this “Oldest Dryas” period in North Atlantic continental and marine climate records (e.g., [40], and references therein). Increases in juniper, birch, and pine pollen concentrations document a shift from pleniglacial conditions to warmer climate in Europe at \( \sim 17 \) kyr cal. BP, corresponding to the first stepwise increase of the NADW signal (peak A, Fig. 3). The period between 15.5 and 14.5 kyr \( ^{14}\text{C} \) BP (18.5–17.0 kyr cal. BP) saw deglaciation in the Alps, retreat of the Baltic ice sheets [40], and reduced sea ice in the Norwegian Sea [41] and western North Atlantic [38,39]. Surface water temperatures in the Norwegian Sea increased between 13.4 and 13.1 kyr \( ^{14}\text{C} \) BP (15.7–16.3 kyr cal. BP), reaching near modern values [41], concurrent with the sharp increase in the NADW signal at 15.6 kyr cal. BP (peak B, Fig. 3). The absence of comparable pre-Bølling temperature excursions in the ice core record suggests that Greenland may have been isolated from other climate changes in the North Atlantic and Europe [42]. Alternatively, the \( \delta^{18}\text{O} \) of precipitation may have been affected by processes other than local temperature such as changes in the moisture source or distillation path length [6,43]. Although the Greenland \( \delta^{18}\text{O} \) records exhibit muted changes during the early deglaciation, it appears that unstable, short-term NADW increases accompanied pre-Bølling climate amelioration in Europe.

The Nd isotope data also indicate major short-term waxing and waning of the NADW signal prior to the Bølling warming, with the peak B event rapidly followed by a major weakening during the trough II event (Fig. 3). The peak was recognized by Charles and Fairbanks [6] in the benthic foraminiferal \( \delta^{13}\text{C} \) data and attributed to a “false start” of NADW production. The timing of this event also coincides with a sudden change in the ventilation rate of the North Atlantic, as recorded by the \( ^{14}\text{C} \) ages of deep-sea corals [44]. The U–Th ages of these corals are 15.41 \( \pm \) 0.17 kyr. Their \( ^{14}\text{C} \) ages increased by as much as 670 years during their life span and are accompanied by a change in Cd/Ca, reflecting increased nutrient content. Age uncertainties allow for either or both of these Nd isotopic excursions in RC11-83 to be a reaction to Heinrich event 1 (H1), which is generally correlated with the \( \delta^{18}\text{O} \) minimum in the Greenland ice record prior to the Bølling warming [45]. As the Nd isotope ratio of trough II (Fig. 3) is more Pacific-like than the LGM value, this may reflect a major, short-term (\( \sim 500 \) year) weakening of NADW in response to H1. This is consistent with the \( ^{231}\text{Pa}^{230}\text{Th} \) record from Bermuda Rise core OCE326-GGC5, which indicates an NADW shutdown during H1 [46], as well as deep-sea coral Cd/Ca data [44], indicating southern source water at intermediate depths in the North Atlantic.

Ruddiman and McIntyre [47] showed that sea ice in the North Atlantic retreated during the deglaciation from southern maxima during the LGM and Younger Dryas to more ice-free conditions during the Bølling warming and the Holocene. A high-resolution record of sea ice cover from dinoflagellate cyst assemblages in core HU91-045-094, from the northwest North Atlantic (50°12.26′ N, 45°41.14′ W, depth 3448 m) [38,39] shows a strong correspondence to our Nd isotope record (Fig. 3). During the pre-Bølling interval, when the NADW signal is highly variable, there is a remarkable correlation between NADW intensity
peaks (shaded areas above the dashed line in Fig. 3) and sea ice reductions. These include peaks A, B, C (\( \sim 17, 15.6, 14.9 \) kyr cal. BP, respectively). During the Bølling warming, when sea ice cover was limited to a few months per year, we observe a strong NADW signal (peak D). In addition, weakening of NADW to or below baseline levels (shaded areas below the dashed line in Fig. 3) correspond to increased sea ice coverage. The most extreme reduction in NADW strength during the deglaciation (trough II, Fig. 3) corresponds to a period of high sea ice coverage prior to the Bølling warming. During the Allerød and Younger Dryas, a long interval of sea ice cover also accompanies an NADW minimum. Altogether, the comparison strongly indicates that open water conditions at 50°N were concurrent with periods of increased presence of NADW in the Southern Ocean, and vice versa.

7. Mechanisms for millennial fluctuations

Previous studies in the North Atlantic using benthic foraminiferal \( \delta^{13}C \) have concluded that the global overturning circulation was variable during the last ice age (MIS 2–4) and was subject to abrupt changes during Dansgaard–Oeschger abrupt warmings and/or Heinrich events [48]. As these proxies can be affected by biological effects, the Nd isotope record for RC11-83 provides an independent confirmation for millennial abrupt changes in deep ocean circulation. Here we discuss some possible causes.

Can the RC11-83 record be corroborated with records of freshwater input to the North Atlantic? Relationships to major Northern Hemisphere ice sheet melting events are not evident (Fig. 3). For example, at most only a small negative perturbation of the NADW signal is seen during meltwater pulse (MWP) IB just prior to the onset of the Holocene, which is followed by a sharp increase in NADW intensity. The NADW signal reached near Holocene levels around the time of MWP IA during the Bølling warming, although a relationship between MWP IA and the post-Bølling weakening cannot be ruled out. It is possible that the thermohaline response to MWP IA appears as trough III, a short-lived decrease in NADW strength. Based on our chronology, the beginning of the Bølling and MWP IA are concurrent with peak D, and trough III would precede both climate events. We cannot completely rule out errors in the age modeling of ice cores, or changes in the \( ^{14}C \) reservoir age correction used for our ages, which together might allow the true ages of trough III and MWP IA to be within error (although we observe no sudden shifts in sedimentation rate for RC11-83, which should be accompanied by an incorrect age model). If they are related, then the data show that the North Atlantic response to rapid meltwater discharge was short-lived because NADW returned to its previous strength within a few hundred years of the event. It is also possible that a real reduction in circulation strength during the Bølling and MWP IA was masked by a change in the Nd isotope signature of NADW. We consider this to be unlikely because the benthic carbon isotopes also indicate stronger NADW during this time period.

The Nd isotope data are consistent with the observation by Fairbanks [49] that the major meltwater events are not associated with Northern Hemisphere cooling caused by NADW cessation over millennial timescales. Coupled ocean–atmosphere models have also suggested a slow and lagged response of NADW to meltwater events. Rind et al. [50] reported that the addition of the estimated flux of MWP IA (0.15 Sv over 1.56 kyr) to the GISS coupled ocean–atmosphere GCM produced only a small reduction in NADW formation. Manabe and Stouffer [51] modelled the response of deepwater formation to freshwater input and found that a massive meltwater pulse would cause an abrupt weakening of NADW, followed by a series of oscillatory strengthening and weakening of deepwater formation. Our Nd isotope record of NADW history during parts of the deglaciation is more similar to this modelled response than it is to models which generate a prolonged shutdown. The structure of NADW variations in response to meltwater pulses lends empirical credence to the idea that the effects of the meltwater pulses on the NADW flux are extremely short-lived.

The correlation between NADW intensity peaks and sea ice reductions in the North Atlantic (Fig. 3) suggest that sea ice coverage in the North Atlantic is correlated to the millennial-scale changes in NADW production during the deglaciation because it physically constrained the latitude of advection in the North Atlantic. Rapid changes in sea ice coverage, especial-
ly in the Labrador Sea, are a possible mechanism to rapidly shift circum-North Atlantic climate between maritime and continental conditions [52,53]. The southern-most limit of sea ice extent in the North Atlantic is controlled by the position of the polar front boundary which is ultimately controlled by atmospheric circulation [54]. Sea ice export from the Arctic Ocean appears to be mainly controlled by atmospheric and sea surface dynamics [55–57] related to North Atlantic Oscillation (NAO) cycles [58]. Observations of the modern North Atlantic show that deepwater formation is also linked to NAO cycles. For example, the strength of Denmark Strait overflow waters follow NAO-induced changes in the hydrographic properties of the Fram Strait [59]. As deepwater formation and sea ice extent covary with atmospheric-forced NAO cycles today, the observation that these two variables covaried in the paleorecord suggests an atmospheric forcing for rapid climate and thermohaline circulation changes in the past.

Alternatively, changes in thermohaline circulation might be expected to modulate northward heat transport, thereby affecting sea ice conditions. However, Seager et al. [60] determined that modern-day pole-ward ocean heat transport becomes progressively less important compared to seasonal ocean heat storage and release of solar radiation at latitudes south of 60°N in the North Atlantic. This suggests that changes in pole-ward ocean heat transport were not the primary control on the latitude of the sea ice edge when it was located further south during the deglaciation. In addition, simple ocean models and three-dimensional general circulation models have been thus far unable to reproduce the rapid shifts recorded in climate records by abruptly changing NADW production [61,62]. For example, when NADW production is reduced, the climate responses in the models are muted, lagging the cessation and recovery of NADW production by hundreds of years. To the extent that these results reflect the real climate system, they suggest that oscillations in thermohaline circulation strength may not be the primary reason for abrupt changes to North Atlantic temperature, and by extension, sea ice extent.

The records of sea ice coverage document great variability during the early deglaciation compared to the early Holocene. Our record suggests that early in the deglaciation, short-lived fluctuations in NADW formation occurred, while during the later deglaciation, ocean circulation changes became more gradual. If the location of the southern limit of North Atlantic sea ice cover controls NADW production, the high variability in NADW strength during the deglaciation may reflect the increased importance of wind-driven sea ice export, rather than insolation-driven sea ice production.

8. Progressive NADW intensification during the deglaciation

The RC11-83 Nd isotope record allows new insights into the factors that influence glacial–interglacial changes in NADW production. The progressive baseline increase in NADW (dashed line in Fig. 3) appears as a real characteristic of this record. It is not an “averaging” effect due to bioturbation or remobilization of Fe–Mn oxides, because the gradual deglacial trend is observed over ~150 cm of core length, and contains fluctuations on short length scales. If bioturbation had produced the gradual trend in Nd isotopes during the deglaciation, it would have the observed millennial excursions over length scales of tens of centimeters. In addition, this same pattern is apparent in much of the benthic foraminiferal δ13C record ([6] and Fig. 2).

We propose that increasing insolation throughout the deglaciation allowed stronger potential deepwater production, and this occurred when sea ice-free conditions in the North Atlantic promoted surface convection. The successive increases in the maximum NADW signal shown by peaks A, B, C (Fig. 3) suggest a greater capacity to produce NADW as deglaciation progressed. Most of the early deglacial events (peaks A, B, C, D, and trough II), which we correlate to changes in sea ice coverage, were clearly not shifts to a Holocene equilibrium state, as each are followed by a return to a “baseline” level of NADW strength. Moreover, while we observe a substantial weakening during the Allerød, it does not represent a full return to “glacial mode” conditions. We also interpret our record to show that NADW was systematically intensifying during much of the Younger Dryas, from a minimum (trough IV) at the Allerød–Younger Dryas boundary.
A gradually changing baseline record of deepwater production is not easy to reconcile with paleocirculation and paleoclimate records that appear to indicate rapid switches between distinct “modes” of deepwater production. The negative buoyancy of North Atlantic surface waters is driven by salinity; therefore, increased freshwater flux from melting of continental glaciers is expected to cause weakening of NADW intensity [2]. If fresh water input to the North Atlantic is low, downwelling occurs at high latitudes and thermohaline circulation is robust. Higher fresh-water input poisons the northern mode, and a weaker southern mode ensues with downwelling at temperate latitudes [63]. Some ocean circulation models have emphasized the sensitivity of NADW formation to sudden increases in fresh water into the North Atlantic. Many ocean and climate proxies saturate at high and low values (e.g., abundance of pachyderma left), which may lead to the impression of a rapid switch from one state to another. In contrast to these proxies, the Nd isotope signal is continuous, reflecting the extent of mixing between northern-and southern-sourced waters at the core site. Although the peaks and troughs in Fig. 3 indicate rapid changes between weak and strong thermohaline circulation, the progressively increasing baseline NADW intensity indicates a continuum between the “Holocene” and “Glacial” modes of circulation. As previously noted, during the Younger Dryas the NADW signal in the Cape Basin was intermediate between glacial and Holocene values, not a return to glacial conditions. The gradual increase in deepwater production is likely a response to deepwater formation at progressively higher latitudes, forced by increasing Northern Hemisphere insolation and perhaps magnified by increasing atmospheric CO₂ concentration.

9. A first attempt to quantify deepwater circulation changes

For reasons previously outlined, we consider the pattern of Nd isotope variability in RC11-83 to reflect the changes in NADW export to the Southern Ocean through the deglaciation. Unlike nutrient elemental and stable isotope tracers of ocean circulation, which are locally affected by productivity, air-sea gas exchange, and dissolution, Nd isotope ratios provide the potential to quantify ocean circulation changes. In this context, we have made a first attempt to use the data to estimate relative changes in the mixing proportions between NADW and Pacific end-members at the core site (Fig. 4). The estimate assumes that deepwater formation occurred primarily in the North Atlantic and that the Nd isotopes primarily reflect contributions of Nd ultimately from the North Atlantic and the Pacific, as in the present day (cf. [25]). The estimate of the fractional change in NADW–Pacific mixing does not use the benthic foraminiferal δ¹³C because of the nonconservative behavior of carbon in the ocean. The estimate requires simplifying assumptions that may change with further work, but we maintain they are reasonable based on currently available data.

Firstly, we use modern end-member Nd isotope ratios and concentrations for Atlantic and Pacific end-members (εNd = −14, Nd = 17 pmol/kg for NADW; εNd = −4, Nd = 40 pmol/kg for Pacific; cf. [25]) and assume they were stable between the LGM and early Holocene. It is possible that differences in glacial versus interglacial weathering affected the inputs of Nd to the oceans (e.g., [64]), especially in the North Atlantic. Recent studies of terrigenous detritus in the northwest Atlantic show that off southern Labrador, at Orphan Knoll (≈51°N), Nd isotope ratios decreased from typical values of εNd ~ −12 to ~ −16 during the Holocene to ~ −17 to ~ −20 during the LGM [65,66]. Over the same time frame near the Greenland Rise in the Labrador Sea (≈58°N), they increased from typical values of εNd ~ −22 to ~ −19. In any case, changes in the Nd isotopic ratio of terrigenous detritus do not necessarily imply changes in the isotope ratio dissolved Nd. While it is still unclear how the Nd isotope ratios are imparted to deep water (cf. discussion in [25]), strong evidence exists that Nd isotope ratios of terrigenous detritus in the deep sea are not the controlling factor for Nd isotopes in deep seawater. Early comparisons of Mn nodules and associated terrigenous sediments demonstrated significant differences [21]. The clearest evidence against simple control of deepwater Nd by exchange with sediment is from the northwest Pacific where there is a significant influx of eolian dust from China and high Nd isotope ratios of deep
water ($\varepsilon_{\text{Nd}} = -3$ to $-4$) contrast sharply with low values in the continent-derived detritus ($\varepsilon_{\text{Nd}} \sim -10$) [67,68]. As discussed in Section 4, currently available data on Fe–Mn crusts and nodules justify the assumption of constancy of the North Atlantic and Pacific end-members through the late Pleistocene, and in the Pacific, this is further supported by evidence from manganiferous carbonate sediments. These observations justify a first attempt at a mass balance based on this assumption.

Secondly, we assume that local detrital inputs to the South Atlantic do not significantly affect deep-water Nd isotope ratios. This is supported by studies showing that the seawater Nd isotope ratios in depth profiles in the North and South Atlantic vary with water mass [26,69], that Nd in sinking
particles do not appear to exchange with deep water \[25,70\], and correlated Nd isotope ratios and SiO$_2$ in deep Atlantic seawater, indicating that Nd isotope ratios conservatively reflect mixing of water masses \[25\].

Thirdly, the mass balance uses the Pacific rather than the Southern Ocean as an end-member (Fig. 4, lower panel), and thus is an estimate of the relative change in the strengths of the North Atlantic and Pacific signals through time. The Nd isotopic signature of the Southern Ocean during this time interval is poorly constrained by published data, although measurements on TNO57-6 by Rutberg et al. \[17\] and this paper (Table 1) indicate that during the LGM it was close to the composition of the Pacific, suggesting a greatly reduced NADW contribution to the Southern Ocean.

Our estimate of NADW variability (Fig. 4) is plotted relative to the early Holocene maximum. While the temporal pattern is similar to that of Nd isotopes versus age (Figs. 2 and 3), it accounts for the lower Nd abundances in North Atlantic relative to Pacific seawater. The estimate indicates that the Pacific component reaching RC11-83 was ~40% stronger during Older Dryas the LGM and ~30% stronger during the Younger Dryas, compared to the early Holocene. The weakest NADW signal (trough II) follows the “NADW false start” of Charles and Fairbanks \[6\] (peak B), corresponding to a 50% increase in the Pacific component. During the Bølling NADW peak and the one immediately preceding it (D and C, respectively), NADW intensity reaches near Holocene levels, with the Pacific component only ~5% stronger than during the early Holocene minimum, while during Older Dryas peaks B and A, the Pacific component was ~15% and 25% stronger, respectively, than during the early Holocene NADW. Thus, it appears that as the termination progressed, along with the increasing baseline strength of the NADW signal, the maximum strength of the NADW signal during millennial peaks also tended to increase.

10. Conclusions

Our Nd isotope record of NADW transport to the Southern Ocean through the last deglaciation indicates a gradually increasing baseline intensity for the global overturning circulation beginning approximately between 18 and 17 kyr cal. BP, a few thousand years prior to the Bølling warming, tracking increasing Northern hemisphere insolation. Superimposed on the baseline increase are rapid millennial fluctuations in NADW production, which are tied to climate changes in the circum-North Atlantic. Following each excursion, the NADW intensity returned to the baseline level. The gradually increasing baseline through the deglaciation indicates that thermohaline circulation does not switch between distinct glacial and interglacial modes of circulation but rather that varies as a continuum. On the other hand, the abrupt changes necessitate the existence of mechanisms capable of rapid strengthening and weakening thermohaline circulation intensity on millennial timescales. Sea ice, capable of rapidly responding to integrated changes in atmospheric and surface ocean circulation, likely transmitted this pattern of abrupt climate change to the deep ocean by constraining the latitude of NADW formation sites. The baseline NADW increase in our record may reflect the progressive northward shift of the sea ice edge in response to increasing insolation during the deglaciation. In addition, the covariation of rapid fluctuations of NADW strength and sea ice coverage in the North Atlantic suggests that sea ice extent acts as an important amplifying link between thermohaline circulation and rapid shifts in atmospheric circulation. Altogether, the data suggest a strong link between the baseline global overturning circulation intensity and Milankovitch forcing, with abrupt changes reflecting North Atlantic regional climate and sea ice coverage.

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